

NETWORK NEWS



Spring 2026

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Spring has Sprung!

Jeanie Blake, RN, MSN, MBA
Muskingum Valley Health Centers, Zanesville, Ohio



As spring settles in across the Midwest — with longer days and clearer skies help give us a sense of renewal — many of us feel that natural push to refocus and re energize our work. This season always reminds me how important it is to align our efforts with what truly matters for our patients and communities. That’s why I’m especially pleased to share that twelve of our member health centers are beginning the ARISE diabetes distress screening study, conducted in partnership with the University of Chicago and the University of California, San Francisco. This collaboration reflects the strength of our network and our shared commitment to advancing practical, patient centered innovation.

Diabetes distress is common, often overlooked, and deeply impactful. By participating in ARISE, these health centers are taking an important step toward more supportive, whole person approach to care — care that recognizes the emotional weight of managing a chronic condition and responds with empathy, structure, and support. Their leadership will help shape tools and workflows that can benefit clinics across our entire region.


Spring is also a time when many of us feel a renewed drive to improve systems, strengthen teams, and reconnect with the mission that brought us to community health. Whether you’re preparing for new initiatives, refining existing programs, or simply taking a moment to appreciate the resilience of your staff and patients, I hope this season brings you a sense of possibility.

Midwest Clinicians’ Network is here to support you — through shared learning, collaborative projects, and the collective wisdom of colleagues who understand the unique challenges and rewards of caring for underserved communities. I’m grateful for the dedication you bring to this work and inspired by the ways you continue to innovate, adapt, and lead.

Wishing you a season of energy, growth, and meaningful progress.

Jeanie
MWCN President

“Try This”- Spring Reset: One Small Thing

 Invite staff to take a moment to jot down one small thing they want to “reset” this spring — a habit, mindset, or simple practice that helps them feel more grounded or energized at work. Collect the notes anonymously and read a few aloud. It’s a quick, uplifting way to highlight shared intentions, spark connection, and remind the team that meaningful change often starts with small, doable shifts.

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Patient & Employee Surveys

Click this box to see patient & employee surveys available through MWCN. Customizable survey options for your employees, board members or stakeholders.



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“The Midwest Clinicians’ Network, Inc.’s (MWCN) fosters a collaborative learning environment for member organizations, empowering them to navigate the dynamic healthcare landscape and enhance health outcomes nationwide.”

What I Wish I Knew Before My Role: How Politics Shapes Healthcare



FQHC Clinical Leadership Reflections

When many of us stepped into clinical leadership, we expected to navigate complex care, staffing challenges, and the daily realities of serving patients with high needs. What fewer of us anticipated was just how deeply **politics** — policy decisions, funding structures, regulatory shifts, and public sentiment — would shape the work we do every day.

Across the Midwest Clinicians’ Network, leaders often share a similar reflection: **“I wish I had understood earlier how political forces influence everything from access to medications to staffing models to the sustainability of our clinics.”**

For FQHCs, this isn’t abstract. It’s lived experience.

Policy Decisions Become Clinical Realities

Changes in federal and state policy ripple directly into exam rooms. Leaders quickly learn that:

- Coverage rules determine whether patients can afford insulin, GLP 1s, or CGMs
- Funding decisions shape staffing levels, behavioral health integration, and care coordination
- Regulatory shifts affect documentation, reporting, and quality measures
- Public health priorities influence what resources flow into communities

Understanding the policy landscape becomes as essential as understanding clinical guidelines.

Politics Shapes Patient Experience

FQHCs serve communities deeply affected by social determinants of health. Leaders see firsthand how political decisions influence:

- Food access
- Transportation
- Housing stability

- Immigration policy
- Public health infrastructure

These aren’t “external factors” — they are central to diabetes control, hypertension management, and preventive care.

Advocacy Becomes Part of the Job

Many leaders say they didn’t expect to become advocates, but quickly realized:

- Speaking up for patients is part of clinical leadership
- Educating policymakers helps them understand the realities of safety net care
 - Sharing data and stories can influence decisions that improve access and equity

Advocacy isn’t partisan — it’s mission driven.

Navigating Politics With Purpose

What leaders wish they knew earlier is not that politics is overwhelming, but that:

- Understanding policy empowers better decision making
- Staying informed helps anticipate changes rather than react to them
- Collaboration across FQHCs strengthens our collective voice

- Even small advocacy actions can lead to meaningful improvements for patients

In other words: **politics shapes healthcare, but clinical leaders shape how those policies play out in real lives.**

A Shared Reflection

As one MWCN member put it during a recent discussion:

“I expected to lead clinical teams. I didn’t expect to navigate policy, funding, and public health politics — but now I see how essential it is to caring for our patients.”

This is the heart of FQHC leadership: understanding that the work extends beyond the clinic walls, into the systems that determine whether patients can thrive.

“I wish I had understood earlier how political forces influence everything from access to medications to staffing models to the sustainability of our clinics.”



Clinicians and Healthcare Team Members Caring for Patients with Diabetes are Invited

Participate in a short **online survey** about diabetes technology and personal and professional networks

[Click here for CONSENT and SURVEY!](#)

YOU MAY BE ELIGIBLE IF YOU ARE:

- 18 years or older
- Speak English
- Healthcare team member involved in care for patients with diabetes

PARTICIPANTS WILL:

- Complete a short survey (**10 - 20 minutes**)
- Receive compensation for completing the survey

For more information, contact the study's Project Manager at ConnectAHEAD@northwestern.edu or (312) 908-9500.

Member Spotlight: Brianna Ruby, Indiana Health Centers, Inc.

We're excited to highlight **Brianna Ruby**, Executive Coordinator and Board Liaison at [Indiana Health Centers, Inc. \(IHC\)](#) — and a generous, steady contributor on the MWCN listserv.

Brianna shares why she values being part of the network:

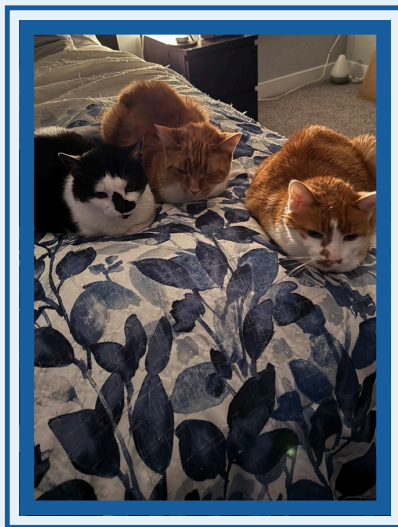
"It's great to be able to pass on our resources to other FQHCs, and sometimes a question comes through that pertains to something we are working on. The answers from others have been helpful too."

At IHC, Brianna supports CEO Ann Lundy and the Board, manages Azara DRVS work, maintains the organization's intranet, and provides support to multiple executives.

IHC serves 40,000 patients across 10 clinics and a mobile health unit throughout Indiana.

Outside of work, she enjoys time with her husband and three cats, playing piano, and riding her motorcycle.

Thank you, Brianna, for your openness, your resource sharing, and the collaborative spirit you bring to MWCN. Members like you strengthen the entire network.



Spring Recipe: *Huli Huli Chicken*

Huli Huli Chicken is also known as Hawaiian BBQ chicken that is full of seriously amazing flavor and is slathered in a teriyaki-like sauce. It's the perfect combination of sweet and tangy.



INGREDIENTS:

- 2 lbs boneless, skinless chicken thighs
- 1 c pineapple juice
- 1/2 c soy sauce
- 1/3 c brown sugar
- 1/4 c ketchup
- 2 tbsp rice vinegar
- 1 tbsp sesame oil
- 3 cloves garlic, minced
- 1 tbsp fresh ginger, grated
- 1/2 tsp chili flakes (optional)
- Green onions and sesame seeds, for garnish

DIRECTIONS:

1. **Make the marinade:** In a bowl, whisk together pineapple juice, soy sauce, brown sugar, ketchup, rice vinegar, sesame oil, garlic and ginger
2. **Marinate the chicken:** Place chicken in a large zip bag or container, pour marinade over it, and refrigerate for at least 4 hours (or overnight for best flavor).
3. **Grill the chicken:** Preheat grill to medium-high heat. Grill chicken for 5-7 minutes per side, basting occasionally with extra marinade, until golden and cooked through.
4. **Caramelize:** Brush once more with marinade during the last minute for that glossy, sticky finish
5. **Serve and Enjoy:** Garnish with green onions and sesame seeds. Serve hot with steamed rice and grilled pineapple.

Resource:
<https://quintorecipes.com/grilled-huli-huli-chicken/>



Join Us for the 2026 MWCN Walk at Lunch Day!

Wednesday, April 29, 2026

A network wide wellness event you can do right where you are. (We used to do this annually and we are excited to re-start the event. Mark your calendars.)

The Midwest Clinicians' Network is excited to invite all member organizations or individuals to participate in our **2026 Walk at Lunch Day**—a simple, energizing way to promote wellness, connection, and movement across our ten state region.

This year's event is designed for **maximum flexibility**. Every health center, department, or team can participate **at their own location**, at a time that works best for their schedule. Whether you walk around your building, through a nearby park, or inside your clinic halls, you'll be joining colleagues across the Midwest in a shared commitment to health and wellbeing.



How It Works

- **Date:** Wednesday, April 29, 2026
- **Time:** Anytime during your lunch break
- **Where:** Your own clinic, campus, or community
- **Who:** All MWCN member staff—clinical, administrative, leadership, and support teams



How to Participate

- Gather a few coworkers—or walk solo if you prefer
- Choose a safe route indoors or outdoors
- Walk for 10–30 minutes during your lunch break
- Snap a photo of your team (optional)
- Share your participation with MWCN afterward!



Why Walk at Lunch?

Walking is one of the simplest ways to support:

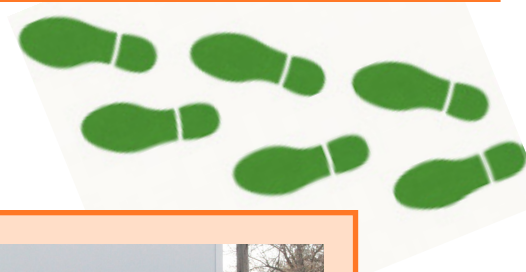
- Stress reduction
- Heart health
- Energy and mood
- Team connection
- A culture of wellness

In community health, we spend so much time caring for others. This event is a reminder that **our wellbeing matters too**.



Share Your Walk!

After the event, MWCN will feature member photos in our newsletter and on our website. Send your snapshots to rricks@midwestclinicians.org with your health center name and location.





When [Midwest Clinicians' Network](#) board member **Amanda Swords** from [Heart City Health](#) speaks about her community, she doesn't mince words: Indiana has one of the worst infant mortality rates in the country. But she also shares something else—hope, momentum, and a powerful example of what happens when a community refuses to accept the status quo.

In June 2025, the [Elkhart County Community Foundation](#) launched a grant-funded initiative that brought together local health systems and FQHCs to tackle a major barrier to prenatal care: cost. The program offers **free prenatal care** to patients who don't qualify for Medicaid and lack other insurance options. For many families, this is the difference between receiving consistent care and going without.

A Growing Impact: 68 Healthy Babies and Counting

Since the program began, the results have been remarkable. Sixty eight healthy babies have been delivered through this collaborative effort—a number that represents not just clinical success, but trust, access, and relief for families who previously faced impossible choices.

From an operational standpoint, Heart City Health has seen a

10% improvement in no show rates over just six months. Removing the financial burden of each visit has made it easier for patients to stay engaged in their care, especially those managing comorbidities that require more frequent appointments.

As Amanda notes, the stress of anticipating a bill can be enough to keep someone from walking through the door.

A Community United Around Its Families

While the clinical metrics matter, the story behind them is just as powerful. This initiative has brought together leaders who don't always share the same room—**CEOs from multiple health systems, FQHCs, and community organizations**, all aligned around a single goal: healthier moms and healthier babies.

Amanda describes the collaboration as energizing and deeply meaningful. The hope now is to see **county wide data** that reflects the full impact of this work, but even without it, the story speaks for itself. This is what community health looks like when everyone pulls in the same direction.

Why This Matters

Programs like this remind us that innovation in community health doesn't always come from new technology or complex systems. Sometimes it comes from removing a barrier, sharing a table, and choosing to invest in families who need it most.

Elkhart's story is still unfolding—but it's already a testament to what's possible when compassion, strategy, and partnership meet.

JOB POSTINGS

ILLINOIS

Various Positions

[The Illinois Primary Health Care Association](#) represents all the FQHCs in IL and helps Medical Directors, Physicians, Nurse Practitioners, Physician Assistants, Certified Nurse Midwives, Dentists, Dental Hygienists, LCSWs, LCPCs and Clinical Psychologists find rewarding careers at community health centers throughout Illinois. With over 430 locations in urban, rural, and suburban communities, IPHCA can help you find the job that fits your personal and professional needs. To take advantage of IPHCA's complimentary recruitment assistance service please visit their brand new [Career Center](#).

Various Positions

[Hamdard Health Alliance \(HHA\)](#) (a FQHC) is seeking mission-driven, full-time or part-time candidates for multiple openings in Family Medicine Physicians, Nurse Practitioners (with full practice authority), and Licensed Social Worker/Professional Counselor roles. HHA offers a competitive salary and benefits package, flexible work schedules, and a student loan forgiveness program with the NHSC. Contact Dr. Zun, CMO, at lzun@hamdardhealth.org or by mail at 228 E. Lake St., Addison, IL 60101 for more information.

Various Positions

[EagleView Community Health System](#)- a Federally Qualified Health Center, has 3 Full-Time openings in it's West Central Illinois locations- FNP/PHNP, Dentist and Dental Hygienist- We offer a competitive salary and benefits package, relocation incentives, we have a 4 day work week, student loan forgiveness programs and you would be joining a great mission based team. Please contact Kimberly Wittkamp, kwittkamp@eagleviewhealth.org / 309.924.2414 ext. 28 for additional information or visit <https://www.eagleviewhealth.org/services> to check us out and apply.

Nurse Practitioner

Knox County Health Department in Galesburg, IL is seeking a motivated Nurse Practitioner (NP/APRN) for our community-based primary care clinic. KCHD offers a competitive salary of \$120,000 to \$140,000 working 35-40 hours a week plus excellent County benefits. Send resume to hr@knoxcountyhealth.org or apply at www.knoxcountyhealth.org. Contact Conner Brinson, HR Director, at cbrinson@knoxcountyhealth.org or (309)344-2224.

Various Positions

[Family Christian Health Center](#) in Harvey, IL, a federally qualified, state-of-the-art health center, has multiple openings: Wellness Nurse Practitioner, Wellness Physician, Family Practice Physicians, Pediatricians, Family Practice Nurse Practitioners and Certified Medical Assistants. Excellent benefit package, competitive salary, student loan forgiveness programs. Please contact Regina Martin, HR Manager at rmartin@familychc.org or 708-589-2017 for more information.

INDIANA**Various Positions**

[ECHO Community Healthcare](#) in Evansville, Indiana has an immediate openings for full-time LPN, CMA, PCT and Provider positions in Evansville, Indiana. Indiana Licensures are required. If you are interested in joining our team you can view our current opportunities [here](#) or contact Penny Ballew, HR Director: pballew@echohc.org.

Licensed Therapist

[Neighborhood Health Center \(NHC\)](#) is seeking a motivated Licensed Therapist. This role could be one of the following: Licensed Clinical Social Worker (LCSW), Licensed Marriage and Family Therapist (LMFT), Licensed Clinical Addiction Counselor (LCAC) or Licensed Mental Health Counselor (LMHC). NHC offers a competitive salary, benefits package, and a supportive, patient-focused environment. Contact Mark Broeker, Human Resources Generalist, at mark.broeker@neighborhoodhc.org for more information or visit our website at neighborhoodhc.org/employment.

KANSAS**Various Positions**

[CareArc](#) is currently seeking a full time dentist, a part time on site PMHNP, a part time WIC RN or Dietitian as well as a full time and part time Pharmacist. CareArc offers a generous benefits package, competitive compensation, and potential for student loan repayment. For more information or to apply please visit: [Apply for a Career in Healthcare | CareArc](#)

MICHIGAN**Various Positions**

Metro Detroit's Western Wayne Family Health Centers (WWFHC) is seeking vibrant Physicians, Psychiatrists, Behavioral Health Therapists, Medical Assistants, Dental Hygienists, Dental Assistants, Community Health Workers, Dentists, Billers and Customer Service Representatives. Forward your CV/ resume to humanresources@wwfhc.org. Please see our "jobs" on our website at <https://wwfhc.org/> We offer competitive salaries and a full benefit package including (medical and dental 100% free for employee only coverage, vision, and 403B with 4% match) 4 weeks PTO and 12 Holidays.

Various Positions

[MidMichigan Community Health Services \(FQHC\)](#) located in Northern Michigan) is an affiliate of MyMichigan Health, and partner with Michigan Medicine. We have various Provider vacancies including Physician (DO/MD), Advanced Practice Provider (NP/PA) and Therapist (LMSW/LPC). We are a NHSC and State student loan repayment eligible employer. Additionally, we provide medical, dental, vision, disability, basic life and AD&D at no cost to provider, and offer multiple additional voluntary benefit options. Generous paid time off and CME/CE. Flexible scheduling and hours, with limited on call. For more information or to apply please visit www.healthynorth.org and click on the careers tab in the top right corner.



Join a mission-driven Federally Qualified Health Center in Temperance, Michigan serving over 18,000 patients across two counties, where you'll provide comprehensive primary care to a diverse and underserved community supported by a wide range of specialty services and patient programs. We are seeking a dedicated, long-term physician who is passionate about community health and eager to build lasting relationships while establishing a meaningful career in our growing organization.

Visit: www.familymedicalmi.org for details and to apply

734-850-6912

lokorn@familymedical.org

www.familymedicalmi.org

8765 Lewis Ave.,
Temperance, MI 48182

Behavioral Health Clinician

[Honor Community Health](#) is seeking a Honor Community Health is seeking a motivated full-time Behavior Health Clinician to join our school-based health center team. HCH offers a competitive salary and benefits package. Apply online at [Careers | Honor Community Health](#).

Dentist

Northwest Michigan Health Services, Inc. (NMHSI) is seeking a full-time Dentist for our Shelby, MI clinic, located in beautiful Oceana County. Competitive salary, benefits, and student loan repayment opportunities. Visit www.nmhsi.org or contact Lily Mills at lmills@nmhsi.org or (231) 947-1112 ext 204 for more information.

Various Positions

[Great Lakes Bay Health Centers \(GLBHC\)](#) is seeking to fill multiple positions, including Behavioral Health, Physician, Optometrist, Psychologist, and Pharmacist roles. GLBHC offers a competitive salary and comprehensive benefits package. For more information, please contact the GLBHC Recruiting Team at Jobs@glbhealth.org or visit [Careers - Great Lakes Bay Health Centers](#).

Various Positions


**HIRING
DENTAL HYGIENIST**

Join a mission-driven Federally Qualified Health Center in Carleton, Michigan with four total locations, providing care to a large underserved population alongside a fully integrated team that includes primary care, dental care, pharmacy, and behavioral health on site. We are seeking a full-time dental hygienist who is committed to long-term community care and excited to build lasting relationships while providing high-quality preventive care to patients of all ages.

Visit: www.familymedicalmi.org for details and to apply

734-850-6912

lokorn@familymedical.org

www.familymedicalmi.org

8765 Lewis Ave.,
Temperance, MI 48182

MyCare Health Center is seeking to hire the following positions in Macomb County: Registered Dietitian, SUD Therapist, Medical Practice Manager, Staff Physician, LMSW/LPC Case Manager, Physician Assistant and Population Health Manager. We offer competitive wages, a generous PTO and benefits package. To apply, please go to "Careers" on our website at www.mycarehealthcenter.org

Family Medicine Physicians

[Family Health Care](#) is seeking Family Medicine physicians for its clinics in Cadillac and Baldwin, Michigan. We offer competitive pay, a focus on work-life balance, flexible schedules, and opportunities for student loan forgiveness. For more information, contact Alan Neushwander at aneushwander@familyhealthcare.org or visit www.familyhealthcare.org/careers.

Various Positions

Alcona Health Center (AHC) is seeking to hire for various full-time positions, including Physicians in our Indian River and Cheboygan locations, Dentists in our Alpena and Oscoda locations, and Nurse Practitioners or Physician Assistants in our Alpena and Oscoda locations. AHC offers a competitive salary, comprehensive benefits, loan repayment, and up to 8 weeks of PTO, in beautiful Northern Michigan. For more information, please contact Kayla Dietz, Director of Provider Relations, at kdietz@alconahc.org or view our opportunities at [Careers - Northern Michigan - Alcona Health Center](#)

MISSOURI**Medical Director**

Missouri Ozarks Community Health is seeking a qualified Medical Director to join our growing upbeat, positive team with focus on providing high quality care. Our Medical Director provides oversight to the medical program and leads quality initiatives while actively treating patients in a clinical setting. Competitive salary/benefit package. Being nestled in the heart of the Ozarks, we enjoy the small town, slower pace lifestyle and outdoor activities while still near larger communities within a short drive. Join our team by emailing your resume to jowens@mo-ozarks.org or apply via <https://mo-ozarks.org/apply>

Various Positions

[ACCESS Family Care](#) is seeking full-time General Dentists, Nurse Practitioners, Registered Dental Hygienists, and Physicians. ACCESS Family Care offers a competitive salary and benefits package. Contact Sandy Beaver at Sbeaver@accessfamilycare for more information.

NEBRASKA**Various Positions**

[The Health Center Association of Nebraska](#) is seeking compassionate, mission-driven individuals for immediate openings in our health centers across the state. We are hiring in the areas of General Dentistry, Family Practice Medicine, Dental Hygiene, Clinical Psychology, Behavioral Health Therapy, and Pediatrics. Our health centers offer competitive salaries, comprehensive benefit packages, and potential for student loan repayment programs. If you are looking for a fulfilling career where you will impact lives while enjoying work-life balance, contact Becca Usher at bm@hcanebbraska.org / 402.657.4076 for additional information.

*Submit your postings for our
next newsletter to
Renee Ricks at
rricks@midwestclinicians.org*

OHIO**Various Positions**

Community Health Centers of Greater Dayton (CHCGD) is searching for an enthusiastic and motivated full-time general dentist and dental hygienist. CHCGD is also searching for MAs and LPNs ready to help support our patients and allow us to provide quality care. We offer competitive pay and benefits. Contact Alyssa Hayman, HR Manager or visit our website <https://communityhealthdayton.org/> for more information! We look forward to helping support the community with you.

Behavioral Health Consultants

Five Rivers Health Centers (FRHC); located in Dayton, OH) is looking for two full-time Behavioral Health Consultants, one for our Family Health location and one for our Women's Health clinic. We are seeking BSW or MSW-level clinicians and offer competitive salary and benefits package. Contact Audrey Smith, BH Manager, at audrey.smith@frhc.org or visit fiverivershealthcenters.com/career to learn more and apply!

General Dentist

At **Third Street**, we believe great smiles start with compassionate care. We're seeking a mission-driven General Dentist to join our collaborative healthcare team and deliver high-quality, patient-centered dental services. This is your opportunity to make a meaningful impact in a community-focused environment, working alongside a supportive team of healthcare professionals. Why Join Us? Meaningful work serving a diverse patient population & no supervisory duties – focus fully on patient care! Interested applications should send resumes to: HR@thidstreetfamily.org

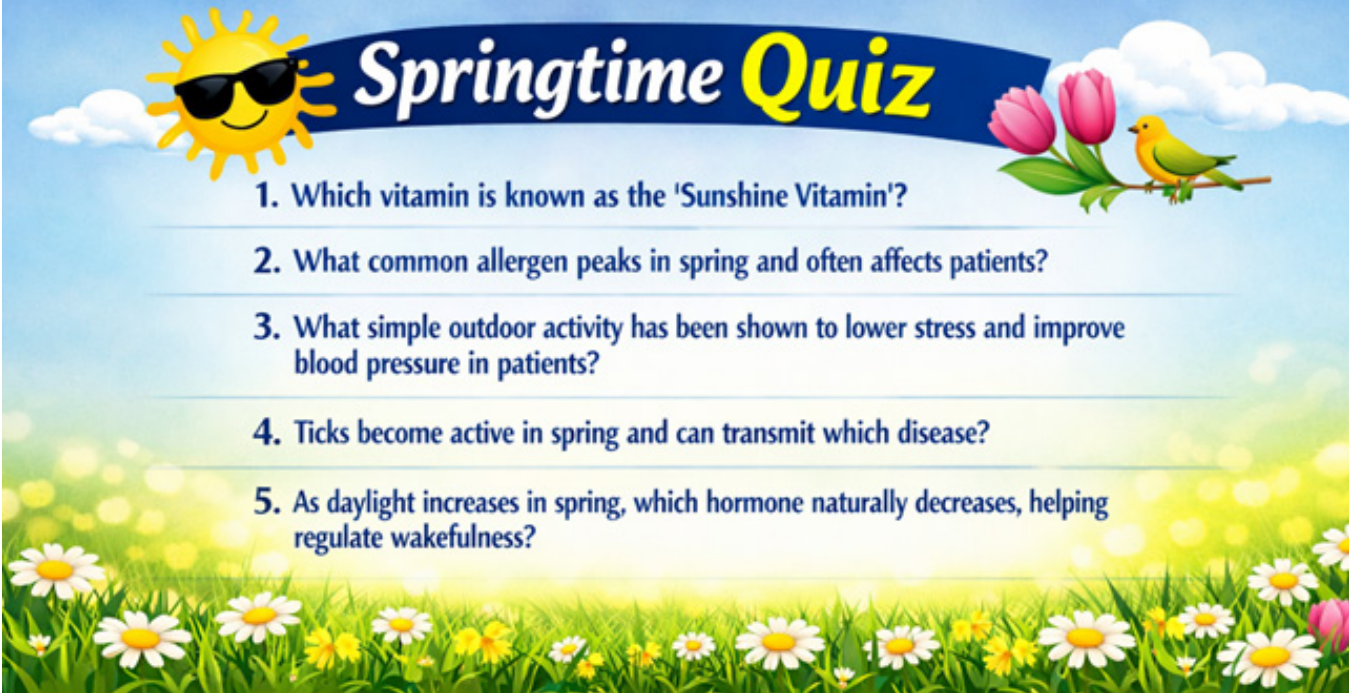


HIRING OPTOMETRIST

Join a growing eye care practice at a mission-driven Federally Qualified Health Center in Adrian, Michigan, serving a large underserved population within a fully integrated on-site team that includes primary care, pharmacy, dental, and behavioral health. We are seeking a full-time optometrist who is committed to long-term community care and interested in building a meaningful, lasting practice within our collaborative health system.

Visit: www.familymedicalmi.org for details and to apply

☎ 734-850-6912 ✉ lokorn@familymedical.org
 🌐 www.familymedicalmi.org 📍 8765 Lewis Ave.,
 Temperance, MI 48182



Springtime Quiz

1. Which vitamin is known as the 'Sunshine Vitamin'?
2. What common allergen peaks in spring and often affects patients?
3. What simple outdoor activity has been shown to lower stress and improve blood pressure in patients?
4. Ticks become active in spring and can transmit which disease?
5. As daylight increases in spring, which hormone naturally decreases, helping regulate wakefulness?

Answers: 1. Vitamin D 2. Pollen 3. A 10–20 minute brisk walk outdoors 4. Lyme disease 5. Melatonin