



NETWORK NEWS

April **2016**

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CONTACT US

Midwest Clinicians' Network 7215 Westshire Dr. Lansing, MI 48917 517.381.9441

info@midwestclinicians.org www.midwestclinicians.org

Message from the MWCN President CHANGE

Russ Kolski, RN Deputy Health Officer / Executive Director Ingham County Health Department / CHC



Healthcare is described as constantly changing. That is clearly the case when you think about the half-life of current clinical information related to medications, advanced testing and treatment. However, it never seems to change fast enough when you are waiting for regulators to approve a new treatment or fix problems that affect us on a daily basis.

Since my last message to this group, I have experienced a major change. I have left Baldwin Family Health Care, my rural community health center home for the past I0 years to serve as the Executive Director of Ingham Community Health Centers, a Lansing Michigan health center that is part of a county health department. Although I have been working to prepare myself for this change for the past 4 years thought additional training, more formal education and increased networking, I am now entering a phase of my career that is not as well defined as previous roles. I have left a place where everything was familiar and the changes I was promoting seemed relatively minor for a place where little is familiar and almost all day-to-day activities are new for me. This experience has highlighted for me the importance of perspective when looking at change within an organization.

I encourage each of you to look at the level of change in your organization. Do you have the right amount of change going on? Do you see your organization in one of the descriptions below?

Major changes – ready and willing: Is your organization in the middle of great change and it is an exciting time? Does this change make you hopeful for what is on the horizon? Can you and those you work with hardly wait to get to work because everything the team is working on is fulfilling and moves the organization closer to efficiently meeting the mission and vision of the organization?

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Change continued

Major changes – burned

Out: Is your organization at the end of a long string of major changes? Are staff dreading the next new thing because the last several changes have yet to stabilize? Have you had a significant level of turnover that has placed the educational burden on a few key staff members? Have routine items been ignored to make time for implementing the changes?

Many changes – little

effect: Is your organization constantly implementing changes, but they do not seem to have the desired effect? Would the next change be looked at as the current flavor of the day? Have you heard staff say that they are changing for the sake of change? Has someone said if I have to make one more change, I am going to quit?

Little change –stabilized:

Has your organization just completed a major round of changes and you are celebrating your success and giving people time to recharge? Is your organization a top performer when compared to your peers and now is the time that you are tying up any loose ends before moving on to implementing your next strategic decision? Are you training staff to become the next group of leaders and preparing staff to participate in the next round of change?

Little change – stale: Has

the level of stabilization caused stagnation? Are your quality indicators slowly dropping from their previous high levels? Does your organization prefer status quo to rocking the boat and disrupting people's work routines, even if they may not be effective? Is your organization being perceived as less relevant in the local healthcare community?

Although not meant to represent the exact condition of every possible organization, the list represents extreme perspectives on change. Although change can be good, it can also be harmful if the timing is not correct or it does not support the overall vision of the organization.

I offer two quick thoughts as you contemplate change in your organization:

- Socrates said "The secret of change is I) to focus all of your energy, not on fighting the old, but on building the new." When trying to implement change, we must first educate staff on the need for the change, introduce the new process and lock in the desired behavior as the new norm.
- 2) Strategic planning is a model of controlled change. Organizing all staff around a few significant activities in order to improve our systems related to our key activities can increase people's comfort with change. The speed of change has made things less predictable and increased planning and communication about the direction of the organization can go a long way to reduce anxiety and increase organizational performance. The added focus that strategic planning provides can also lead to increased effectiveness.

Each of us entered the FQHC arena with the desire to help others and ensure equal access to all, despite poverty or other social determinants of health. I encourage you to use the resources within your organization to examine your need for change and develop the processes and staff to become a top performing health center. The need for change is never ending! Jump in! The water is fine!



Improving Primary Care for Migrant Farmworkers with Migrant Clinicians Network

Immigrant and migrant populations work in some of the riskiest industries in the country including agriculture, forestry, fishing, and construction. One of these workers may arrive in the exam room with a work-related injury, like pesticide exposure. Is that worker's health provider prepared to address it?

Migrant Clinicians Network's

Workers and Health program provides training and expert technical support to integrate environmental and occupational health into the primary care setting. Through the program, clinicians gain valuable and applicable expertise in recognizing, managing, and preventing work-

related injuries and illnesses. Health centers utilizing the program are at the forefront of environmental justice and occupational health, assuring that their most vulnerable populations get the resources they need to stay safe from environmental hazards like pesticides.

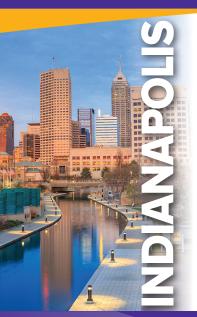
Given the competing demands and severe time constraints in primary care, clinicians struggle with ways to incorporate occupational medicine into their day-to-day efforts. With support from the Environmental Protection Agency, MCN's Workers and Health program partners with Federally Qualified Health Centers across the country to establish Centers



of Excellence in Environmental and Occupational Health.

MCN is looking for new health center partners. Please contact Kerry Brennan, Environmental and Occupational Health Associate, at kbrennan@migrantclinician.org or 512-579-4536 to learn more on how your health center can participate in Workers and Health.





Primary Care Conferencewith Workshops



September 11-14 JW Marriott Indianapolis

Plan now to attend this conference with nationally known keynote and faculty speakers.

NPACE conferences are jam-packed with clinical pearls for NPs and APRNs who need CE credits and want to learn about the latest practice updates from world-class faculty.

Take advantage of this great opportunity for learning and networking.

Nurse Practitioner Associates for Continuing Education (NPACE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

NPACE is a 501(c)(3) non-profit.

Upcoming Conferences

May 5-8
Phoenix, AZ
July 21-22
Providence, RI
October 5-8
Myrtle Beach, SC
November 4-7
Boston, MA



Learn more and register online www.npace.org

Provider Guide to Increasing HPV Vaccination Rates Now Available

The human papilloma virus, more commonly referred to as HPV, is a group of more than 150 related viruses. Approximately a third of these types can infect the genitals of both males and females. Nearly all cases of cervical cancer are caused by this infection. In addition, HPV has been linked to cancers of the vagina, vulva, anus, penis, throat, and mouth. In the US, one person is diagnosed with a cancer caused by HPV every 20

minutes.



HPV infections are common: 79 million people in

the US, I in 4, are infected with HPV with another I4 million becoming infected each year. About half of these infections occur between the ages of I5-24 years. The CDC estimates that between 80-90% of sexually active people would be infected with at least one type of HPV in their lifetime.

Vaccines are available to help prevent

infection by certain types of HPV and some of the cancers linked to them. HPV vaccination is underutilized despite overwhelming evidence for its safety and effectiveness. Only I in 3 girls and I in 5 boys in the US are fully vaccinated, far below the 70% rate achieved in Australia, Canada, and the United Kingdom. Although vaccination rates have increased, they still lag behind other adolescent vaccines.

The biggest predictor of HPV vaccination uptake is a strong recommendation from a health care provider. Studies have shown that many parents have no prior knowledge about the vaccine before being educated by their child's provider. Yet many feel they do not have the necessary tools to adequately talk to parents about the vaccine, why it is needed, the importance of vaccinating prior to the onset of sexual activity, as well as the vaccine's excellent safety record.

To aid providers, the American Cancer Society, with support by the CDC,

has developed and published a howto guide: "Steps for Increasing HPV
Vaccination in Practice, An Action
guide to Implement Evidence-based
Strategies for Clinicians". The brief 8
page manual outlines the process in
four key steps: Assemble a Team, Make
a Plan, Engage and Prepare All Staff, and
Get Your 11 to 12 Year Olds Vaccinated.
The guide also includes web-links to
resource tools on staff engagement,
planning, quality improvement, as well
as tools focusing on varied topics to
increase rates.

The HPV vaccine is an opportunity to prevent cancer: download the guide for details on how your practice can do their part.

For more information and additional resources and materials, get in touch your local ACS staff representative or contact Tom Rich at thomas.rich@cancer.org.

(Information for this article taken from the ACS HPV VACs.)

Referral Management Webinar Series

The Wisconsin Primary Health
Care Association is providing a
5-part webinar series on Referral
Management. Registration is free and
open to Primary Care Associations and
Health Centers interested in learning
how to increase their quality, efficiency,
and patient engagement in referrals.
Real world examples will be given as
well as the opportunity to discuss
what was presented and to share best
practices. The following is the schedule
of the webinars, their general content,
and a link to register. Thank you for
your time, and we hope you can join us!



April 28, Ipm (CDT)

Patient Engagement Strategies: Motivational Interviewing Techniques & Visual Decision Aids

Target Audience: Primary Care Team & Referral Specialists



May 5, Ipm (CDT)

Referral Workflows Using HIT Solutions: Azara DRVS and Health Center Examples Target Audience: Practice Managers, Referral Specialists, Population Health Management Professionals, Technical Staff



CLICK BUTTON FOR REGISTRATION

May 12, Ipm (CDT)

Wisconsin Statewide Health Information Network & Emergency Department Strategies Target Audience: Practice Managers, Referral Specialists, Population Health Management Professionals, Technical Staff



May 19, Ipm (CDT)

Providing Quality Content in Referrals

Target Audience: Referral Specialists, Primary Care Team, QI Staff



June 2, Ipm (CDT)

Considerations for Oral Health

Target Audience: Referral Specialists, Dental Care Team



Best Practices Resource

Thank you to the Illinois Primary Health Care Association for sharing a compilation of best practices chronic diseases, preventive services and perinatal health indicators. The prevalence of chronic diseases is increasing and health centers face multiple challenges, some of which are establishing continuity of care, language barriers by patients, transition to electronic health record (EHR) system, a shortage of primary care workforce, and resource constraints. In the face of these challenges, there is a need for compilation of evidence-based guidelines and promising practices that are adaptable to primary care settings.



The essential purpose of these documents is to provide a resource for health centers that consists of not only evidence-based recommendations, but also includes promising practices from some of the best performing Illinois health centers. In addition, this document could be used to facilitate dialogue between health centers on promising practices to further enrich the existing primary care system to attain higher quality and efficiency.

Under each indicator, strategies for improving performance and quality are categorized into the following sections: Illinois Health Center Spotlight, The Community Guide recommendations, and Strategies from Literature Search. Furthermore, due to commonality of quality improvement (QI) strategies to multiple indicators, QI and other common practices that are in place at each interviewed health center will be emphasized in the final section of the document after covering individual

indicators.

CLICK FOR
PROMISES
CHRONIC
DISEASE
INDICATORS

CLICK FOR
PROMISES
PREVENTATIVE
SERVICES
INDICATORS

CLICK FOR
PROMISES
PERINATAL
HEALTH
INDICATORS

Star Center Provides Individual Data Profiles & Techincal Assistance to all Health Centers

The STAR² Center (Solutions, Training, and Assistance for Recruitment and Retention), the workforce project of the Association of Clinicians for the Underserved (ACU), will release updated individual health center recruitment and retention Data Profiles on Tuesday, March 22, 2016. The profiles are a blend of public, private, and proprietary data and thus will be shared only with each health center's CEO via direct email. These Data Profiles form the base of the STAR² Center's resource building, training, and technical assistance (TA) efforts by highlighting individual Health Center strengths and weaknesses, as well as national Health Center trends in recruitment and retention. Health center staff are encouraged to review their updated Data Profiles with their workforce teams, visit the STAR² Center website for useful resources and training information, and contact STAR² Center staff to discuss their workforce challenges and schedule TA.





Join MWCN on April 27th for our Annual Walk@Lunch Challenge!



This year the MWCN walk is scheduled in coordination with National Walk@Lunch Day. This is a great way to show your support of physical activity and a healthier workplace. Please let us know if you participate - either as a group or on your own we hope you walk at lunch.

To enter the challenge, send an email with details on how many staff participated and a photo if possible which may be used for the next newsletter to rricks@midwestclinicians.org. You will be automatically entered to win a prize!



fet's show our commitment to physical activity as a group!

HEALTHY RECIPE: Greek-Style Turkey Burgers with Yogurt Sauce



INGREDIENTS:

Burgers:

I lb ground turkey

1/2 cup crumbled feta cheese

I Tbsp milk

I Tbsp chopped fresh parsley

I Tbsp chopped fresh mint

1/2 tsp fine grain salt

I/8 tsp ground black pepper

Sauce:

6 oz plain Greek yogurt

I Tbsp lemon juice

I garlic clove, minced

I Tbsp chopped fresh parsley

I Tbsp chopped fresh mint

1/2 tsp fine grain salt

PREPARATION

- 1. In a large bowl combine turkey, feta cheese, mint, milk, parsley, salt and pepper.
- 2. Using your hands, mix until thoroughly combined. Divide meat mixture into 4 parts and shape into patties.
- 3. Heat a grill or a grill pan over medium-high heat. Grill the burgers until cooked through and the inside of the burger is no longer pink.
- 4. To make the yogurt sauce, combine all ingredients in a small bowl. Take a taste and adjust seasoning if needed.
- 5. Serve burgers with a dollop of sauce on the side. Yield: 4 burgers

Source: http://www.theironyou.com/2015/11/greek-style-turkey-burgers-with-yogurt.html

FTCAU * INDIANAPOLIS, IN * JULY 21-22, 2016

The Federal Tort Claims Act University (FTCAU): **Indiana Campus** is an innovative and new training conference that is being offered to members of the health center community. FTCAU provides a great opportunity for seasoned quality and risk management professionals and new professionals to learn from experts, leaders, and government officials about FTCA, healthcare quality and risk management, and related subjects. Over the course of two days, attendees will participate in interactive presentations and exercises



that are specially geared toward health center grantees in the state of Indiana.

Sign up for FTCAU!

If you are a health center grantee in the state of Indiana, sign up today to learn from experts in an interactive environment on the following topics:

- ✓ FTCA
- Healthcare quality
- ✓ Risk management

FTCAU: Indiana Campus will be organized by the FTCA Division of the Bureau of Primary Health Care (BPHC) and the Indiana Primary Health Care Association. The training sessions will be beneficial for health center quality improvement coordinators, risk managers, health center administrators, clinicians,

Who Should Attend?

- **Quality Improvement** Coordinators
- Risk Managers
- Administrators
- Clinicians
- **Board Members**

patient safety, risk management, and quality of care. Where: Holiday Inn Indianapolis When: Thursday, July 21, 2016

Airport, 8555 Stansted Dr, Indianapolis, IN 46241

Special Conference Rate: 129/night Indiana Primary Health Association

8:00 am - 4:35 pmFriday, July 22, 2016 7:30 am - 4:00 pm

and board members. Sessions will also be of value to others who

provide healthcare and support services and have an interest in

How Much:

IPHCA Members: \$225 IPHCA Non Members: \$250







For more information or to register visit http://www.indianapca.org/event/FTCAU

JOB POSTINGS

Illinois

Various Positions

Did you know the Lake County Health Department and Community Health Center qualifies for the National Health Service Corps loan repayment program, full liability & tail coverage, I week/\$1,000 CME, regular set schedules, 3 weeks' time off and a generous Public Sector benefits package? We also, support JI and HIb visas. We are actively recruiting for a Psychiatric Advanced Practice Nurse for our integrated health services. I would appreciate the opportunity to discuss our benefits and advantages for working with the Lake County Health Department and Community Health Center. Please contact La'Citia Johnson, Human Resource Recruiter, 224-246-5010, ljohnson@lakecountyil.gov. For more details: https://lakecountyil. silkroad.com/epostings/index. cfm?version=I

Various Positions

PCC Community Wellness Center is a FQHC, with a competitive compensation and benefits package. PCC is located just 7 miles from downtown Chicago in Oak Park, IL home to Frank Lloyd Wright's studio and Ernest Hemingway's birthplace. With affordable housing and an outstanding school system, this ideal suburban community with an urban flair is an exceptional community to raise your family, and further develop a rewarding healthcare career. Providers: Seeks vibrant Family Practice Physicians, Family Practice & Psychiatric APNs, and CNMs to join our team of dedicated professionals. Nurses: Seeks dedicated RN's to join our thriving healthcare team. Send your CV to recruit@ pccwellness.org Visit us at: www. pccwellness.org

Physician

Community Health Partnership of Illinois (CHP) a FQHC is seeking to hire mission driven, Spanish speaking individuals in the following positions: Dental Assistant (Mendota), Staff Physician – FP (Mendota), Nurse Practitioner – seasonal part time (Illinois), Medical Assistant (Harvard). Great benefits & compensation, for more information please contact us at HR@chpofil.org or fax 312.795.0002

Various Positions

IPHCA seeks physicians (FP, IM, PED, OB/GYN, PSY, Med Dir.), nurse practitioners, physician assistants, certified nurse midwives, dentists, dental hygienists, licensed clinical professional counselors, licensed clinical social workers and psychologists for opportunities in urban and rural community health centers. To view jobs visit: IPHCA Clinical Job Opportunities or contact Ashley Colwell, acolwell@iphca.org.

Indiana

Chief Executive Officer

Heart City Health Center, a growing \$10m+ Federally Qualified Health Center, is seeking a CHIEF EXECUTIVE OFFICER to lead their two locations in Elkhart, Indiana. Providing a comprehensive array of primary and preventative services to adults, children, and families, as well as dental, pharmacy, and behavioral health services, this leader will be mission driven and passionate about ensuring that quality health care is provided to all people in need. For information, contact Stuart Meyers, President, The Meyers Group sim@mr-themeyersgroup.com 301-625-5600 x I.

lowa

Various Positions

FORBES ranked IOWA as the FIRST IN THE NATION FOR QUALITY OF LIFE. THRIVING **lowa Community** Health Centers seek Family Medicine Physicians, Internal Medicine Physicians, Family Nurse Practitioners, Pharmacists, Psychiatric Nurse Practitioners, Dentists, and Behavioral Health Providers to join dedicated teams of mission driven providers and staff. Health Centers offer competitive salary and benefit package, eligible for loan forgiveness, and offer visa sponsorship, in their patient-centered-medical care health homes and state of the art facilities. Contact Mary Klein for more details at mklein@iowapca.org.

Kansas

Dentists

Genesis Family Health needs two full time dentists for our Garden City, KS location. We offer loan repayment eligibility, excellent compensation and benefits including PTO for mission leave and liability insurance through FTCA. GFH is an FQHC in rural southwest Kansas serving patients in the surrounding area. Required: Graduate of accredited dental school licensed to practice dentistry in the Kansas. Send CV/resume to humanresources@genesisfh.org

JOB POSTINGS

Michigan

Family Medicine Physician

MyCare Health Center, a FQHC located in Macomb County Michigan, is looking for a motivated, full-time Family Medicine Physician for our state of the art facility. MyCare offers a competitive salary and benefit package. For more information please contact Judy Hinson, HR Manager at jhinson@mycarehealthcenter.org or (586) 619-9986 X16.

Family Practice Physician

Downriver Community Services (DCS) is seeking a full time Family Practice Physician for the Algonac location. DCS offers a competitive salary and benefits package with the opportunity for loan repayment. Contact Nikole Dawson, HR Director, by email ndawson@downrivercs.org or mail 555 St. Clair River Drive, Algonac, MI 48001 for more information.

Psychiatrist and Dentist

Cherry Street Health Services, a community health center is seeking full time Psychiatrist Adult and General Dentist to join our organization provide quality out-patient care. Cherry Street offers a competitive salary with incentive package and excellent fringe benefits including generous loan forgiveness programs. If interested, you may contact Bob Lackey, by phone at (616) 776-2124, e-mail: boblackey@cherryhealth.com

Various Positions

Health Delivery, Inc., a group of Federal Qualified Health Centers, based in Michigan is seeking providers who will support our mission of providing high quality health care to the underserved populations in our area. We offer competitive salaries and full benefit package including Loan Repayment with NHSC. Contact us at jobs@healthdelivery.org or 989-759-6441 for more information.

Minnesota

Various Positions

Open Door Health Center (ODHC) in Mankato, MN, is growing and we are looking to fill multiple positions with providers who have a passion for excellence, compassion for patients, and a commitment to their profession. We are seeking a Medical Director, Physician, Dental Director, Psychiatrist, and Psych NP. ODHC is a Federally Qualified Health Center (FQHC) and is a National Health Service Corps (NHSC) Loan Repayment Program approved location. For more information and to apply go to http://www.odhc.org/

Behavioral Health Consultant

Exciting Opportunity for a Behavioral Health Professional to join a team integrating behavioral health into primary care at a FQHC. Team includes Physicians, Nurse Practitioner, Care Coordinator. Dietitian and another Behavioral Health Consultant, Ideal candidate would be committed to working in an integrated team and comfortable with EMR's. Licensure in one of the following is preferred: Graduate Level Social Work, Psychologist, Marriage and Family Therapist or Psychiatric Certified Nurse Practitioner. This is an opportunity to be on the cutting edge of integrated behavioral health care - as well as live on the North Shore in beautiful Grand Marais, MN! Job application available on SMC's website: www. sawtoothmountainclinic.org or at the clinic's front reception desk. Ouestions? Contact Sue Nordman at 218-387-2330 ext. 126, or sue@ sawtoothmountainclinic.org.

SAVE THE DATE!

IPHCA'S CLINICAL LEADERS TRAINING INSTITUTE-PART 2

SEPTEMBER 9-10, 2016

IPHCA Institute for Learning 500 S. Ninth St. Springfield, Illinois

More Information & Registration Coming Soon.

If you have a job posting you would like added to our newsletter, forward it to Renee Ricks at

rricks@midwestclinicians.org

JOB POSTINGS

Nebraska

Various Positions

OneWorld Community Health Centers, Inc. in Omaha, NE is seeking a Family Practice Physician, Physician Assistant, Nurse Practitioner, Performance Improvement Analyst, Behavioral Health Therapist, Clinical Social Worker, Registered Dietician/ Nutritionist, RN Clinic Manager, and Registered Nurse. OneWorld is a FOHC and is a Certified Level III Patient Centered Medical Home by NCQA. Out of 1,400+ Community Health Centers nationwide, we rank in the top 1% in clinical quality. Our clinic is growing, and we need dedicated individuals to come join our team! We offer a competitive salary and generous benefits. Our clinicians are eligible for student loan repayment through NHSC and NURSE Corps. Please apply at www.oneworldomaha.org/careers

Ohio

Various Positions

Community Health Centers of Greater Dayton in Dayton, OH has career opportunities for Family Practice physician, Nurse Practitioner, and part-time dentist. CHCGD offers a competitive salary and benefits. Contact Sheryl Fleming at sfleming@chcgd.org, or visit our website, www.communityhealthdayton.org.

Certified Medical Assistant

Fairfield Community Health Center in Lancaster, Ohio, is seeking an outstanding Certified Medical Assistant for a full time position. Our staff is our family. Please send Resumes to Rich Varney at ryarney@fairfieldchc.org.

Family Practice Physician

Columbia Action Agency of
Columbiana County, Inc., a FQHC with
3 locations in Columbiana County,
Ohio, is currently accepting applications
for Family Practice Physician.
Physicians will provide primary care to
all ages. Competitive salary and benefit
package. Contact Mary Ann Pettibon,
CEO by email maryann.pettibon@
caaofcc.org for information.



MyPlate - Healthy Eating Solutions for Everyday Life

MyPlate is a reminder to find your healthy eating style and build it throughout your lifetime. Everything you eat and drink matters. The right mix can help you be healthier now and in the future. This means:

- Focus on variety, amount, and nutrition.
- Choose foods and beverages with less saturated fat, sodium, and added sugars.
- Start with small changes to build healthier eating styles.
- Support healthy eating for everyone.

Eating healthy is a journey shaped by many factors, including our stage of life, situations, preferences, access to food, culture, traditions, and the personal decisions we make over time. All your food and beverage choices count. MyPlate offers ideas and tips to help you create a healthier eating style that meets your individual needs and improves your health.

